

SPIRIT
(Charity No 1059381)

Spirit Ref No.	
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Report following Sponsored Visit

Date of Report	2/6/2009
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Details of Sponsored Person		
Name		Title: Visiting physician

Details of Visit

Place visited Name: Midland Centre for Spinal Injuries Robert Jones and Agnes Hunts Orthopaedic Hospital Oswestry Country: UK

Date of visit May 2009

Purposes of visit To observe advanced knowledge on spinal injuries
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Summary Report of visit		
Rehab processes	What Was observed?	What can be applied?
Patient assessments - outpatient - inpatient	1. Conservative management of acute spinal injuries 2. Overview of spinal cord evaluation and management 3. Radiological collaboration in spinal injuries	I've observed your comprehensive and extensive evaluation for effective follow-up the patients with spinal cord injury. These approaches will be applied to our system when we finish the rehab hospital with spinal injury section.
Goal-setting	Active participation of patient in the meeting	I felt that GSM should be done more in our department.
Acute management	1. Conservative immobilization management 2. General medical management of the acute spinal cord injuries	To serve individualized management for the acute patients
Rehab management - Physiotherapy - Occupational therapy - Prosthetics-orthotics: ORLAU Nursing care	1. General adaptation management for the spinal injuries 2. Respiratory care in physiotherapy 1. Adaptive house program 2. Customized hand orthoses fabrication and application 1. Gait analysis lab for mobility and gait disorders 2. Rehabilitation engineering workshop Specific and individualized nursing interventions for the spinal injured patents	To introduce gait analysis facilities in my department

- Medical management		
Management of long-term consequence and complications	1. Neurogenic bladder follow-up program 2. Pressure sore management 3. Comprehensive interventions to control spasticity	To optimize long term cares
Resettlement	1. Early initiation of resettlement program 2. Family and environmental modification	To activate home visiting program
Long-term follow up	Well organized follow-up system	
Patient education	Education of basic knowledge about the spinal injuries and possible complications for the patients and their families	To have schedule for patient education
Document	Effective medical recording systems by voice recorders, various descriptive notes and EPR	To make good for our evaluation charts
Human resource development	Well educated and cooperative staff relations hold up good HRM.	To set up regular HRM program
Building & Environment	Beautiful and effective arrangements of the rehabilitation wards	To build our rehabilitation hospital with reference
Resources		
<p>Please state anything that you hoped to achieve on your visit but did not management to achieve. I'd like to express my all thanks for your hospitality during my stay at MCSI. I received a lot of knowledge on spinal cord. This opportunity will be an important turning point in spinal cord medicine for me as a very junior physician. I hope to carry on this like opportunity with your institute to advance my career in spinal cord medicine. I'd like to participate in co-work in practice and research in near future.</p>		

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