

**SPIRIT**

(Charity No )

Spirit Ref No. 

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**Report following Sponsored Visit**

<b>Date of Report</b>	28 <sup>th</sup> September, 2005
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**Details of Sponsored Person**

<b>Name</b>	Department of Urology The Second Hospital Xi'an Jiaotong University Xi'an China	<b>Title:</b> Associate Professor of Urology
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**Details of Visit**

**Place visited:** Midland Centre for Spinal Injuries (MCSI)  
Robert Jones and Agnes Hunts Orthopaedic Hospital  
Oswestry, Shropshire, United Kingdom

**Date of visit:** 6<sup>th</sup> June, 2005 to 28<sup>th</sup> July, 2005

**Purposes of visit:**

As there is no properly organised comprehensive lifelong service of spinal cord injury (SCI) in China, the purpose of the visit is to be familiar with the urological problems of spinal cord injury patients which affect their health and life more than any other problem.

**Report of the visit (comparison of the services)**

Item	MCSI	Feasibility in Xi'an
Structure	Independent within an orthopaedic hospital	The Second Hospital of Xi'an Jiaotong University is a teaching hospital of 1100 beds. A new building is under construction and a spinal injuries centre is being planned. Before it is fully established, a temporary rehabilitation service will be set up in a local hospital with emphasis on neuro-urology.
Doctors	Well-trained with high expertise in comprehensive management of SCI	There are a few such doctors in China. As a urologist, I have studied urological management of SCI. Intensive work in neuro-urology will be unfolded when I am back to Xi'an although it will take a little time of preparation.
Nursing	Nursing plays important basic role	Training of nurses in SCI management is of urgent need. It will be discussed and decided whether they should be trained within or outside China.
Physiotherapy	Well organised with staff of high expertise	Training of physiotherapists in SCI management is also of urgent need. It will be also discussed and decided whether they should be trained within or outside China.
Occupational therapy	Well organised with staff of high	Training of physiotherapists in SCI management is also of urgent need. It will be

	expertise	also discussed and decided whether they should be trained within or outside China.
Psychology	Psychologists are active in counselling	Psychology is a totally ignored part of medical service. However, it is not something that psychologists alone can help because China's culture of helping the victims and let them remain dependent is to blame. It will take some time to change this culture.
Sociology	They play pivotal role in helping patients back to the family and community	The law supporting integration into the society is only on paper. Under such circumstances, sociologists can do nothing even if they want to. The integration of SCI victims into the society full depends upon individual's own motivation and financial resources.
Equipment	Highly equipped with modern equipment	There are modern equipment for general medicine but not specifically for SCI.
Please state anything that you hope to achieve on your visit but did not manage to do so Nothing		

<b>Summary</b>
The principles of SCI management of MCSI can be adapted to Xi'an, but with difficulties, because the society and the government are not ready to accept them yet. Lots of lobbying and persuasion are needed. However, the culture is changing and there is increasing chance of success in the future.

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