

**SPiRiT**  
(Charity No 1059381)

Spirit Ref No.	
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**Report following Sponsored Visit**

Date of Report	6 <sup>th</sup> , June, 2011
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**Details of Sponsored Person**

Name	Jidong Guo	Title: Mr

**Details of Visit**

<b>Place visited</b>
Name: Midland Centre for Spinal Injuries Robert Jones and Agnes Hunts Orthopaedic Hospital Oswestry Country: UK
<b>Date of visit</b> 9 <sup>th</sup> , April, 2011-6 <sup>th</sup> , June, 2011
<b>Purposes of visit</b> Training of the comprehensive management of SCI

**Summary Report of visit**

Rehab processes	What Was observed?	What can be applied?
<b>Patient assessments</b> - outpatient	Natural history of neurological changes.	Concervative therapy is useful
- inpatient	Neurological assessment, conservative management of SCI, multi-system dysfunction management and assessment,	Strict control of indication for surgical operation
<b>Goal-setting</b>	3 of goal-set meetings	Involving a rehab team of the hospital to achieve similar goals
<b>Acute management</b>	Part of the acute management of conservative management.	Rethinking about the indication for surgical operation.
<b>Rehab management</b> - Physiotherapy	Prevention of restriction of joint movement and chest physiotherapy from admission. (instruments including Hoist et al)	Prevention of restriction of joint movement and chest physiotherapy from admission must be applied.
- Occupational therapy	Limited observation	Involving a rehab team of the hospital to do the job.
- Prosthetics-orthotics: ORLAU	3 patients without neurological symptoms	Setting up orthosis facilities in our hospital
Nursing care	A high standard nursing care	High standard Nursing care must be applied
- Medical management	No unnecessary medications	This can be applied with benefits.
<b>Management of long-term consequence and complications</b>	Very few complications were observed	This must be achieved with enormous effort.
<b>Resettlement</b>	Did not have enough time to see	Involving a rehab team of the hospital to do the job.

<b>Long-term follow up</b>	A very regular and detailed long-term follow up	Effort will be made but it is a real challenge.
<b>Patient education</b>	Attended 2 of them	It is hoped that our rehab doctor will see
<b>Document</b>	Somewhat simple compared with ours but more forms	Pay more attention to the signs and symptoms
<b>Human resource development</b>	Much staff-patient ratio	It can only be achieved with colossal investment.
<b>Building &amp; Environment</b>	Highly equipped with modern equipment	There are modern equipment for general medicine but not specifically for SCI.
<b>Resources</b>	No	It is beyond my responsibility
<b>Please state anything that you hoped to achieve on your visit but did not management to achieve.</b>		
<ol style="list-style-type: none"> <li>1. Dealing with severe emergency case (esp. cervical spinal cord injury)</li> <li>2. Comparison of conservative and surgical management</li> <li>3. Embedding of pump</li> </ol>		

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<b>Date received</b>	tele
<b>Trustees Notes</b>	
<b>Payment</b>	<b>Amount.....</b>
	<b>Date .....</b>

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