

SPIRIT
(Charity No 1059381)

Spirit Ref No.	
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Report following Sponsored Visit

Date of Report	27 November 2012
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Details of Sponsored Person

Name	Raju Rijal	Title:
		Dr.

Details of Visit

Place visited

Name: Midland Centre for Spinal Injuries
Robert Jones and Agnes Hunts Orthopaedic Hospital
Oswestry Country: UK

Date of visit 5 November-30 November 2012

Purposes of visit

Observation in Spinal Injuries Management

Summary Report of visit

Rehab processes	What Was observed?	What can be applied?
Patient assessments - outpatient - inpatient	-Long term follow up -Pressure sores -Bladder Problems -Spasticity -Pressure sore, bowel bladder, spascity management, urodynamic study	-Counselling skills -Pressure sores , bladder , bowel problem management skills Patient care, counselling
Goal-setting	-Patients involvement and multidisciplinary involment	-can be initiated
Acute management	-Prompt attention to problems, consultation with different departments	-Useful to learn
Rehab management - Physiotherapy	-well confident , experienced ,trained and dedicated physiotherapist seen.	Can be taught to physiotherapist
- Occupational therapy	-simple to complex life aiding devices have developed here.	Can be initiated to help patients
- Prosthetics-orthotics:	-Varieties of orthotics and prosthetics	Useful

ORLAU	available Advanced video gait analysis seen	New things to learn but useful
Nursing care	Dedicated and polite nurses	Nurses can be taught in Nepal
- Medical management	Evidence based management done here	Useful to learn
Management of long-term consequence and complications	Pressures sores , bladder and spasticity management well done	Useful to see bladder management in theatre.
Resettlement	Unique way,	May be difficult to apply in Nepal currently but got to know the concept
Long-term follow up	Planned and dedicated to patient	Can be applied
Patient education	Well planned and simple way to educate	Useful
Document	Well ordered documentation	Impressed
Human resource development	On going	Good
Building & Environment	Good	Impressed
Resources		
<p>Please state anything that you hoped to achieve on your visit but did not management to achieve.</p> <p>My visit was useful to observe so many new and useful ways of management of spinal cord injury patient. I was thinking of visiting patient's home to see the life modifications and adjustment.</p>		

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Date received	
Trustees Notes	
Payment	Amount.....
	Date

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