

SPIRIT
(Charity No 1059381)

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| Spirit Ref No. | |
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Report following Sponsored Visit

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| Date of Report | December 1st, 2011 |
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Details of Sponsored Person

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| Name | Paola Andrea Toledo Leiva | Title: Dr. |
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Details of Visit

Place visited
Name: Midland Centre for Spinal Injuries
Robert Jones and Agnes Hunts Orthopaedic Hospital
Oswestry Country: UK

Date of visit Nov 29 - Dec 1st, 2011

Purposes of visit Visiting Observer Doctor

Summary Report of visit

| Rehab processes | What Was observed? | What can be applied? |
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| Patient assessments - outpatient | Update of medical history, physical examination, assessments of current problems and treatments. | Same |
| - inpatient | Admission process of new patients, daily follow-up (current problems, treatment, lab tests, X-rays, TC, MRI). | Same |
| Goal-setting | Global assessment and management of patients with spinal cord injury | Same |
| Acute management | Assessment and management of neurological and other systems problems. Prevention of complications. | Same |

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| Rehab management | | |
| - Physiotherapy | Rehabilitation bath. | Same |
| - Occupational therapy | Personal care (feeding, bath, clothing) | Same |
| - Prosthetics-orthotics: ORLAU | Different types of orthopedic devices and manufacture | Same |
| Nursing care | Position management/change, skin protection, prevention and managements of bed sores. Drug administration. Bladder and bowel management. | Same |
| - Medical management | Daily assessment and management of medical and non-medical issues. Use of lab tests, X-rays, MRI, CT. Prevention of complications. Education of patient and family | Same |
| Management of long-term consequence and complications | As detailed in outpatient section. Assessment of living conditions and family support. Psychological assistance | Same |
| Resettlement | As described in rehabilitation section. Resettlement at home not seen | Same |
| Long-term follow up | As detailed in outpatient section. Appointments according to patients needs | Same |
| Patient education | Physiotherapy and Occupational Therapy | Same |
| Document | Getting familiar with patients medical/nurse records and prescription charts. | Same |
| Human resource development | Seminars on spinal cord injuries approach, neurogenic bladder and robotics in rehabilitation | Same |
| Building & Environment | Ward design, medical/nurse care equipment. Cleaning process | Same |

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| Resources | Human and Technical | Same |
| <p>Please state anything that you hoped to achieve on your visit but did not management to achieve.</p> <p>It was great opportunity to learn specific management of patients with spinal cord injury and potential complications. I knew I would spend only three days in the unit so my expectancies were according to this period and everything was achieved.</p> | | |

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| Date received | |
| Trustees Notes | |
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| Payment | Amount..... |
| | Date |

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